



San Diego Low Income Resources

CONTINUING CARE SERVICES

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

2-1-1 San Diego211 or 800-227-0997
(San Diego resource and information hub)

FINANCIAL RESOURCES

Health Consumer Alliance888-804-3536
www.healthconsumer.org
Legal Aid Society of San Diego 877-534-2524
Consumer Center for Health Education and Advocacy 877-734-3258
www.lasds.org

Public Assistance:

(MediCal/Healthy Families/CalFresh/CalWORKS Medicare-Part B)
CalFresh/SNAP Supplemental Nutrition Assistance Program877-847-3663
www.cdss.ca.gov/food-nutrition/calfresh
California Department of Health Care Services (ombudsman) ... 888-452-8609
www.dhcs.ca.gov/pages/default.aspx
ACCESS County of San Diego Customer Service Center..... 866-262-9881
www.mybenefitscalwin.org
SDG&E Assistance Programs 800-411-7343
www.sdge.com/residential
Social Security 800-772-1213
www.ssa.gov
State Disability Insurance..... 800-480-3287
www.edd.ca.gov/Disability

Telephone Access Programs:

California LifeLine Program866-272-0349
www.californialifeline.com
California Telephone Access Program (deaf/disabled program) . 800-806-1191
1455 Frazee Road, Suite 406, San Diego, CA 92108
(M-F 8:00 - 5:00 p.m., no appointment necessary)
<https://caconnect.org>

The Organizer II, Inc. (Medicare/Medi-Cal Rep. Payee).....800-990-8339
(M – Th 9:00am – 12:00pm)

<http://continuingcare-sandiego.kp.org>



Veterans Resources:

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| CA Department of Veterans Affairs..... | 800-952-5626 |
| www.calvet.ca.gov | |
| Department of Veterans Affairs Telephone Assistance Services.. | 800-827-1000 |
| www.va.gov | |
| Interfaith Community Services (Veterans Service Center) | 760-529-9979 |
| 1617 Mission Ave, Oceanside, 92058 | |
| www.interfaithservices.org | |
| San Diego County Veterans Services..... | 858-694-3222 |
| www.sandiegocounty.gov/veterans_services | |
| VeteranAid.org | 866-584-7191 |
| Find forms and information on how to apply | |
| www.veteranaid.org | |
| Veterans Village of San Diego (transitional housing available) ... | 619-393-2000 |
| 4141 Pacific Highway, San Diego, CA 92110 | |
| www.vvds.net | |
| Victim Witness Assistance Program (district attorney office) | 619-531-4041 |

FOOD & COMMODITIES

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| Catholic Charities | 619-323-2841 |
| Food Bank (USDA commodities) | 866-350-3663 |
| www.sandiegofoodbank.org | |
| Salvation Army (* Club 60 senior dining and social centers) | |
| Chula Vista * | 619-498-0298 |
| El Cajon * | 619-592-8292 |
| Oceanside * | 760-631-8212 |
| San Diego Centre City (downtown, serves homeless) | 619-699-2216 |
| Doors of Hope (formerly SD Citadel) * | 858-483-1831 |
| <i>Club 60 - San Diego Regional Office</i> | |
| Lakeside Community Center | 619-443-9176 |

HEALTH CARE & DENTAL

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| County Medical Services..... | 800-587-8118 |
| Family Health Centers of San Diego | 619-515-2300 |
| http://www.fhcsd.org/dental-services | |
| FreeDentalCare | |
| http://www.freedentalcare.us/ci/ca-san_diego | |
| Health Center Partners of Southern California (low income clinics).. | 619-542-4300 |
| https://hcpsocal.org/ | |
| UC Pre-Dental Society | |
| https://ucsdpsd.org/low-income-clinics-in-san-diego | |

HOUSING RESOURCES

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| 2-1-1 San Diego | 211 or 800-227-0997 |
| For the most current shelter and rehab availability and info | |
| https://211sandiego.org | |
| Alpha Project | 619-542-1877 |
| www.alphaproject.org | |
| Catholic Charities..... | 619-323-2841 |
| https://www.ccdsd.org | |

HOUSING RESOURCES continued

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| County of San Diego Housing Resource Directory (2020)..... | 858-694-4801 |
| www.sandiegocounty.gov/content/sdc/sdhcd/housing-directory.html | |
| Father Joe's Villages | |
| St. Vincent de Paul Village (Travelers Aid) | ext.1157..... 619-233-8500 |
| https://my.neighbor.org/housing | |
| Homeless Outreach Team | 211 |
| Homeless Shelter Directory | |
| www.homelessshelterdirectory.org | |
| Interfaith Shelter Network | 619-702-5399 |
| http://interfaithshelter.org | |
| MAAC Project | 619-426-3595 |
| https://www.maacproject.org/main/about-us/pathways-of-service/housing/ | |
| Neil Good Day Center, 299 17 th St., San Diego 92101 | 619-230-7390 |
| Single men/women point of entry to other shelters, mail service, safe day environment | |
| PATH* (People Assisting the Homeless) | 619-810-8600 |
| Street outreach and intake for Connections Housing | |
| www.epath.org | |
| <u>Placement Assistance Agencies</u> | |
| Always Best Care..... | 858-299-6900 |
| www.alwaysbestcare.com/ca/san-diego | |
| Care Placement..... | 800-821-7598 |
| www.careplacement.com | |
| Senior Care Referral Specialists | 800-587-4410 |
| https://srcareinfo.com | |
| Safe Parking Program (help when living out of a car) | 619-497-0236 |
| www.dreamsforchange.org | |
| Salvation Army Family Services | 619-699-2216 |
| San Diego Housing Commission (City of San Diego)..... | 619-231-9400 |
| Affordable housing resource guide including single room occupancy list | |
| <i>Affordable Housing Resource Guide</i> | |
| San Diego Rescue Mission..... | 619-687-3720 |
| www.sdrescue.org | |
| Serving Seniors (transitional housing) | 619-235-6572 |
| www.servingseniors.org | |
| South Bay Community Services (24-hr hotline) | 800-640-2933 |

For corrections or additions to this handout, please call (619) 641-4456